

# MOSSA<sup>®</sup>

## F I L M F E S T

*Be part of the JUL19 Release by attending the **MOSSA Film Fest!**  
A condensed schedule enables you to experience more programs  
with members and instructors and feel great at MOSSA headquarters!*

### WHAT IS FILM FEST?

An opportunity for you to participate with members and instructors from around the world in experiencing filmings of live classes of the future release! These videos go out to thousands of instructors around the world to learn and deliver the MOSSA programs.

### WILL I BE ON CAMERA?

Not during class. After class, there's a group shot. You are welcome to join the presenter team on stage, if you want to be in the shot.

### WHAT IS MEET & GREET?

An event during Film Fest to relax, have a good time, and enjoy drinks and appetizers with TEAM MOSSA!

### WHERE WILL IT BE HELD?

MOSSA  
2130 Newmarket Parkway, Marietta, GA 30067  
800.729.7827

Register at [www.mossa.net/filmfest](http://www.mossa.net/filmfest) . No charge to attend.

## REHEARSAL & FILMING SCHEDULE

### TUESDAY, JANUARY 22

|            |           |          |
|------------|-----------|----------|
| MOVE30     | REHEARSAL | 9:00 am  |
| 3D30       | REHEARSAL | 10:30 am |
| GROUP CORE | REHEARSAL | 1:30 pm  |

### WEDNESDAY, JANUARY 23

|              |           |          |
|--------------|-----------|----------|
| MOVE30       | FILMING   | 9:00 am  |
| 3D30         | FILMING   | 10:30 am |
| GROUP CORE   | FILMING   | 1:00 pm  |
| GROUP POWER  | REHEARSAL | 2:00 pm  |
| GROUP GROOVE | REHEARSAL | 3:30 pm  |

### THURSDAY, JANUARY 24

|                |           |          |
|----------------|-----------|----------|
| GROUP POWER    | FILMING   | 8:15 am  |
| GROUP GROOVE   | FILMING   | 10:30 am |
| GROUP ACTIVE   | REHEARSAL | 1:30 pm  |
| GROUP CENTERGY | REHEARSAL | 3:30 pm  |

### FRIDAY, JANUARY 25

|                |           |             |
|----------------|-----------|-------------|
| GROUP ACTIVE   | FILMING   | 8:15 am     |
| GROUP CENTERGY | FILMING   | 10:30 am    |
| GROUP BLAST    | REHEARSAL | 1:45 pm     |
| GROUP FIGHT    | REHEARSAL | 3:30 pm     |
| MEET & GREET   |           | 6 - 7:30 pm |

### SATURDAY, JANUARY 26

|             |         |          |
|-------------|---------|----------|
| GROUP BLAST | FILMING | 8:15 am  |
| GROUP FIGHT | FILMING | 10:30 am |

### TUESDAY, JANUARY 29

|            |           |         |
|------------|-----------|---------|
| GROUP RIDE | REHEARSAL | 2:00 pm |
| R30        | REHEARSAL | 3:30 pm |

### WEDNESDAY, JANUARY 30

|            |         |          |
|------------|---------|----------|
| GROUP RIDE | FILMING | 9:00 am  |
| R30        | FILMING | 11:00 am |